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CYCLING CLUB



1894 - 2022

PRESIDENT – ALISON LEWIS

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

29th Hilly 25 miles time trial

The Bill Sladen Memorial Event on course GS/999

Easter Monday 18th April 2022

Event Secretary: Robin Johnson, 7 Gorselands, Billingshurst, West Sussex, RH14 9TT.

Email: mr_rjohnson@outlook.com

Tel: 01403 783368 / 07733 132043

NEW REGULATIONS which please read and take note:

CTT regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear light, and to the front of their machine a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Under 18 years old riders: Bring a completed parental consent form to present before signing-on.

No form = no ride.

PLEASE REMEMBER TO SIGN ON FOR YOUR NUMBER,

AFTER FINISHING, SIGN BACK IN WHEN RETURNING YOUR NUMBER.....



HQ

The Learning Barn
Saddlescombe Farm
Saddlescombe Road
Saddlescombe
BN45 7DE

NATIONAL TRUST property – no parking permitted on the property

0.9 mile south of Rushfields/Poynings roundabout

NO parking is available. Some parking opposite in Devils Dyke Road, long lay-by, west side of road.

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a drink.

HQ to start: 2.0 miles ALLOW 15 minutes (includes final climb)

Route to start: LEFT out of the car park and continue UPHILL to the start area which is at the junction at the top.

Please remember to SIGN ON for your number and to SIGN OUT when you return it.

Course Records

Men:	56:27	Simon McNamara	2019
Women	1:02:06	Hayley Simmonds	2019
Vets.	56:27	Simon McNamara	2019
Trike	1:10:29	Mike Marchant	2000
Junior	1:05:00	Theo Tadros	2019
Fixed	1:09:09	Mike Marchant	2001

TIMEKEEPER

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

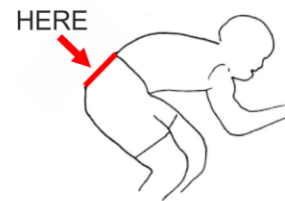
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

CARE - At bend at foot of first descent, where beware of crosswinds

CARE - The three corners in Fulking, 4 miles. Right, left and sharp right + obey 20 mph speed limit.

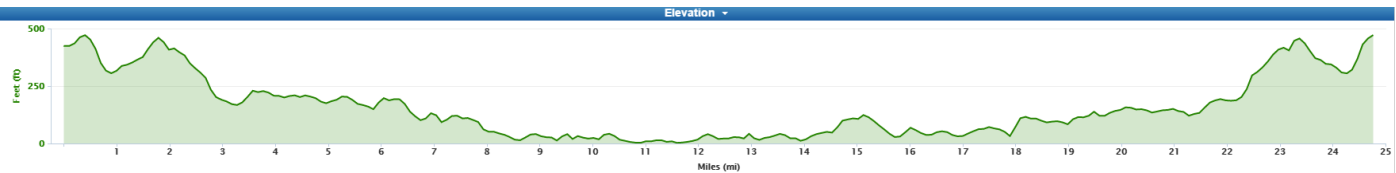
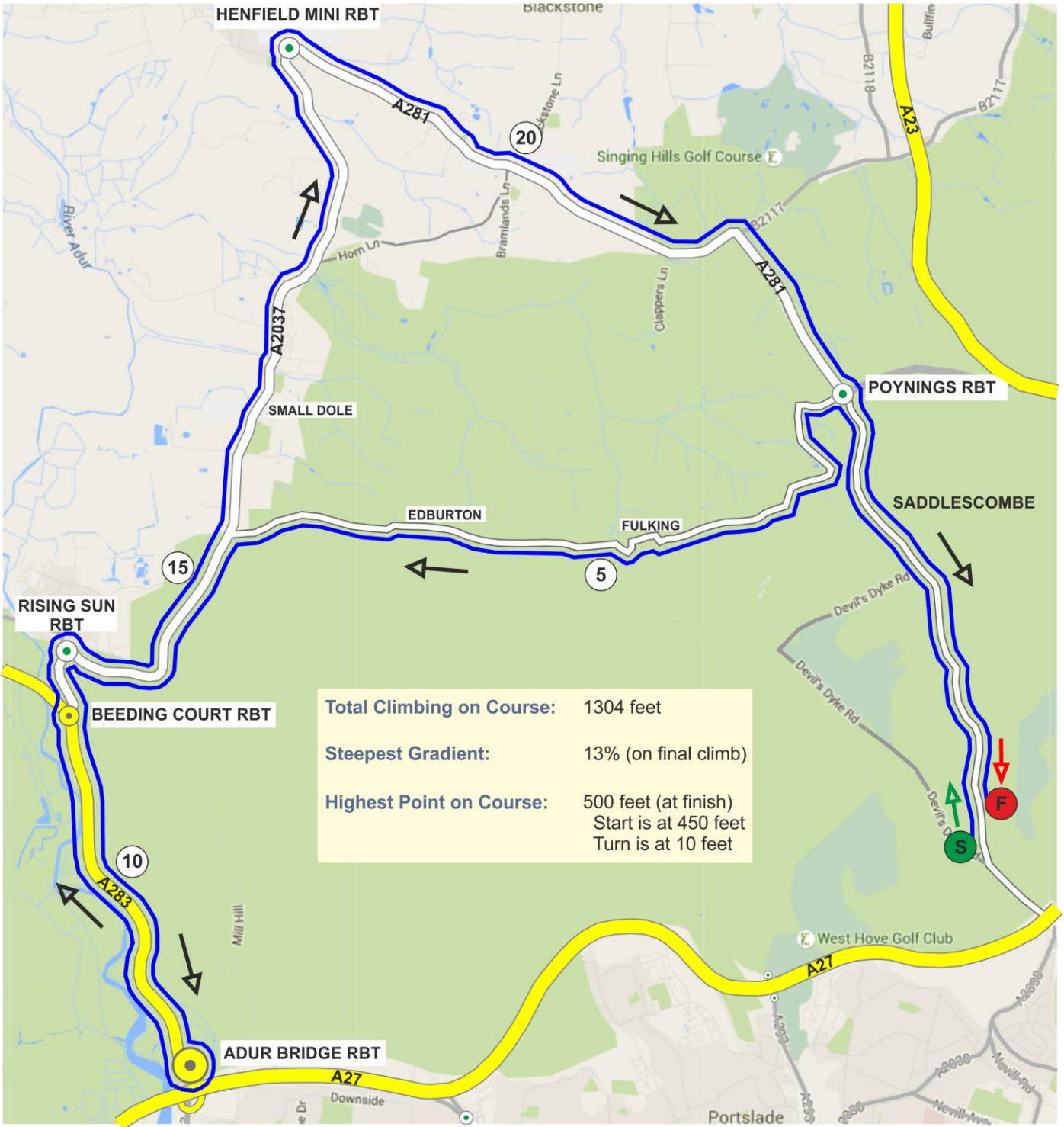
CARE - In Small Dole, pedestrian crossing lights must be obeyed.

CARE - The two mini-roundabouts where we go right.....please slow down

At Henfield, **DO NOT GO TO THE RIGHT OF THE ROUNDABOUT** or you will be **DISQUALIFIED**

Apart from the Highway Code not sanctioning this unwise manoeuvre here, you simply cannot see whether there is any traffic approaching from your right. We'd like all competitors to return to base safe and sound

CARE - Be aware of horses; slow down, call out and pass wide please.



OS REF	COURSE DIRECTIONS – GS999	MILES	
278088	Start in small connecting road between roads leading to Devil's Dyke and Saddlescombe. Approximately half a mile northwest of A2038.	0.00	0.00
265128	LEFT and follow unclassified road via Saddlescombe to Poynings RBT (roundabout) (called Rushfields)	2.78	2.78
211114	LEFT 1st exit via Poynings, Fulking and Edburton to junction with A2037	4.23	7.01
197098	LEFT and follow A2037 to Rising Sun RBT in Upper Beeding. LEFT 1st exit and continue on A2037 to Beeding Court RBT	1.30	8.31
209065	Straight on 1st exit and follow A283 to Adur Bridge RBT under Shoreham fly-over where <u>TURN</u> (CHECK)	2.81	11.12
197098	4th exit to retrace on A283 to Beeding Court RBT	2.26	13.38
215157	RIGHT 2nd exit on A2037 to Rising Sun RBT. RIGHT 2nd exit still on A2037 to mini RBT at Henfield (CHECK)	4.83	18.21
265128	RIGHT 2nd exit and follow A281 to Poynings RBT (called Rushfields)	3.90	22.11
278091	Straight on 2nd exit and follow unclassified road via Saddlescombe to <u>FINISH</u> at top of hill 35 yards north of "Waterhall Golf Club" sign and 0.24 miles north of Start	2.59	24.70

Prizes

Category	Pos	Prize	Category	Pos	Prize
T.T. bikes:					
Fastest Man	1st	£30			
	2nd	£20			
	3rd	£15			
	4th				
	5th				
Fastest Woman	1st	£30			

ROAD BIKES :

– 1st: £20 2nd: £15

PRIZE PRESENTATIONS: Will be held as soon as possible after the event
Please stay to receive your prizes and/or applaud the recipients

LOTTERY PRIZES: Not this year.

PAST WINNERS - "25"

1992	Mark Jones	1:03:18
1993	Mark Jones	1:03:21
1994	Mike Marchant	1:03:19
1995	Mark Jones (3 wins)	1:02:40
1996	Tim Stevens	0:57:52
1997	Tim Stevens	1:01:16
1998	Tim Stevens (3 wins)	1:01:17
1999	Peter Main	1:03:21
2000	Steve Dennis	0:59:55
2001	Graeme Stirzaker	1:01:46
2002	Pete Tadros	0:58:43
2003	Paul Pickup	1:00:17
2004	Pete Tadros	0:59:48
2005	Pete Tadros	0:59:41
2006	Mike Coyle	0:59:44
2007	Pete Tadros	0:57:45
2008	Mike Coyle (2 wins)	1:02:15
2009	Pete Tadros	0:58:01
2010	Pete Tadros	0:59:07
2011	Pete Tadros	0:57:18
2012	Pete Tadros	0:59:07
2013	Pete Tadros	0:59:19
2014	Pete Tadros	0:57:30
2015	Pete Tadros	0:58:01
2016	Not held, Storm Katie	
2017	Pete Tadros (12 wins)	0:59:35
2018	Mark Smith	1:02:11
2019	Chris McNamara	0:55:38
2020	Covid	

- COURSE
RECORD

ROAD BIKES:

2021	Ross Holland	0:57:08	-	Nick Tyrie 1:01:06
2022			-	

ORDER OF START:

T.T. BIKES:

number	start_time	firstname	lastname	club	gender	category	age_
1	07:31:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	73
2	07:32:00	Karl	Roberton	Worthing Excelsior CC	Male	Veteran	47
3	07:33:00	Tracey	Williams	Brighton Mitre CC	Female	Veteran	53
4	07:34:00	Peter	Owen	Norwood Paragon CC	Male	Veteran	61
5	07:35:00	John	McGrath	Team TMC	Male	Veteran	58
6	07:36:00	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	58
7	07:37:00	Richard	Tully	Elite Cycling	Male	Veteran	45
8	07:38:00	Keith	Walker	Wigmore CC	Male	Veteran	57
9	07:39:00	Stephen	Morgan	Tooting BC	Male	Veteran	54
10	07:40:00	Paul	Newsome	Project 51	Male	Senior	34
11	07:41:00	Tony	Reeves	GS Stella	Male	Veteran	50
12	07:42:00	Jamie	Smith	Brighton Mitre CC	Male	Veteran	49
13	07:43:00	Steven	Kane	Team TMC	Male	Senior	33
14	07:44:00	Jack	Smith	Brighton Mitre CC	Male	Senior	30
	07:45:00	Pat	Wright	Paceline RT	Male	Senior	37

ROAD BIKES:

number	start_time	firstname	lastname	club	gender	category	age_on_day
16	07:46:00	Joe	Walker	Brighton Mitre CC	Male	Espoir	22
17	07:47:00	Mark	Vowells (Tricycle)	San Fairy Ann CC	Male	Veteran	69
18	07:48:00	Donald	Parker	Brighton Mitre CC	Male	Veteran	73
19	07:49:00	Peter	Main	34 Nomads CC	Male	Veteran	56
20	07:50:00	Richard	Cartland	HuntBikeWheels.com	Male	Veteran	44
21	07:51:00	John	Marinko	Brighton Mitre CC	Male	Veteran	56
22	07:52:00	David	Mascall	Norwood Paragon CC	Male	Veteran	50
23	07:53:00	Nigel	Langridge	Crawley Wheelers	Male	Veteran	57
24	07:54:00	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	58

It is difficult to recall how we had 104 entries last year and now our lowest ever.

I am indebted to all of you who have entered this year's event.

If you begin to suffer a speed wobble down the first hill, it's useful to put a knee against the top tube.